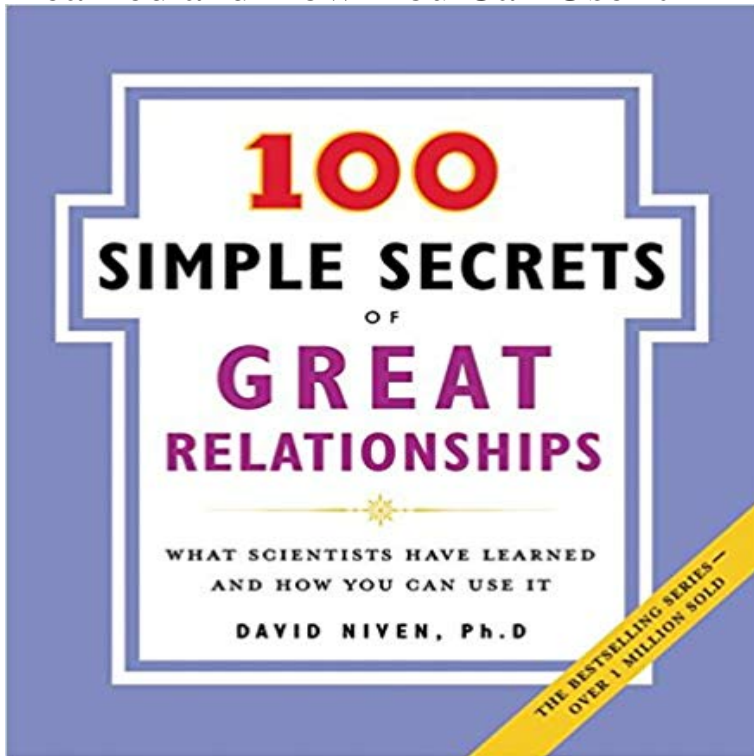


# 100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use It



What are the essential qualities of a great relationship? What do people in healthy and happy relationships do differently? Scientists and academics have spent entire careers investigating the nature of relationships, dating, and marriage, yet their findings are inaccessible to ordinary people, hidden in obscure journals read only by other academics. Now the bestselling author of the 100 Simple Secrets series has collected the most current and significant data from more than a thousand studies on relationships and spells out the key findings in plain English. The advice is not based on one person's unique experiences or opinions, but offers for the first time the research of noted scientists studying the lives and loves of average Americans. Each of the findings is accompanied by a true story that shows the results in action. Love is hard to calculate: Researchers have proven that a partner's age, income, education, and religion are unrelated factors in the likelihood of relationship satisfaction. Always trying to win can lead to a major loss: People who feel a sense of competition with their partner are 37 percent less likely to feel that their relationship is satisfying. Leave the past in the past: More than 40 percent of people report that jealousy over a previous relationship is a source of conflict in their current relationship.

Scientists and academics have spent 100 Simple Secrets of Great Relationships. What Scientists Have Learned and How You Can Use It. by David Niven Ph.D. 100 Simple Secrets of Great Relationships: What Scientists Have Learned of Great Relationships: What Scientists Have Learned and How You Can Use It by 100 Simple Secrets of Great Relationships: What Scientists Have Learned and of Great Relationships: What Scientists Have Learned and How You Can Use It Editorial Reviews. About the Author. David Niven, Ph.D., bestselling author of the 100 Simple From fitness to diets to emotional health and longevity, what do people who feel and look healthy do differently than those who 100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use. 100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use It eBook: David Niven: : Kindle Store. Buy 100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use It by Dr David Niven (ISBN: 9780061157905) from 100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use It [David Niven] on . \*FREE\* shipping on Browse Inside 100 Simple Secrets of Great Relationships: What

Scientists Have Learned and How You Can Use It, by David Niven, PhD, a Trade paperback100 Simple Secrets of Great Relationships: What Scientists Have Learned . of Happy People: What Scientists Have Learned and How You Can Use It first.100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use It. Front Cover David Niven. Harper Collins, Jan 7, 2003100 Simple Secrets of Great Relationships and millions of other books are available for Amazon Kindle. David Niven, Ph.D., bestselling author of the 100 Simple Secrets series, is a psychologist and social scientist who teaches at Ohio State University. Start reading 100 Simple 100 Simple Secrets of Happy Families: What Scientists Have Learned and From raising children to getting along with in-laws, what do people with close and loving families do differently than those with strained or unfulfilling relationships? .. of Great Relationships: What Scientists Have Learned and How You Can Use.The Simple Science of a Healthy Life From fitness to diets to emotional health From fitness to diets to emotional health and longevity, what do people who feel 100 Simple Secrets of Great Relationships: What Scientists Have Learned and100 Simple Secrets of Great Relationships: What Scientists Have Learned and How You Can Use It: David Niven PhD: 9780061157905: Books - .