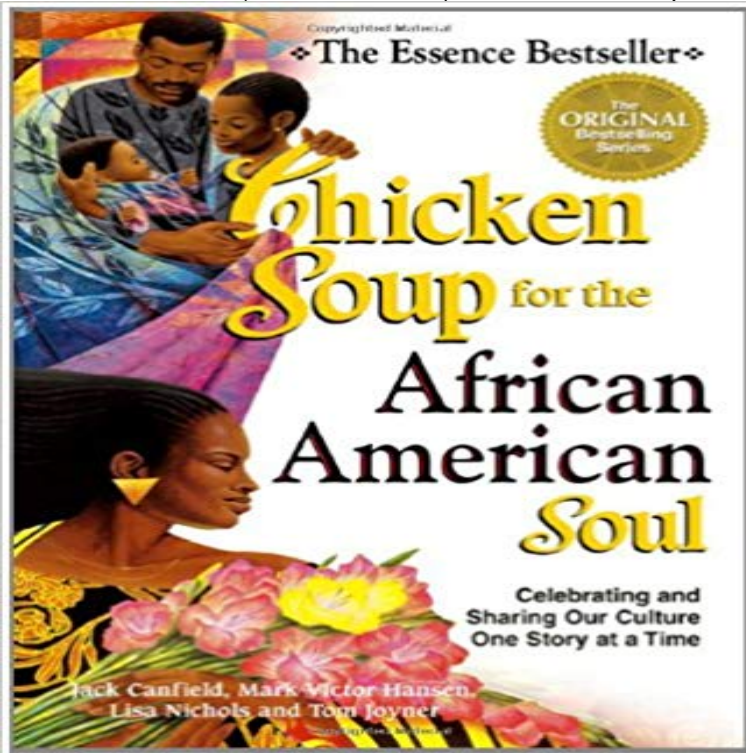


Chicken Soup for the African American Soul: Celebrating and Sharing Our Culture, One Story at a Time (Chicken Soup for the Soul)



This is the book everyone has been waiting for-an inspiring celebration of the joy, challenges, and triumphs of being African American. Combine Ilyana Vanzant and Terry McMillan, then include a dash of E. Lynn Harris, and youve got Chicken Soup for the African American Soul. This book captures the spirit of the community through inspiring storytelling that understands both the struggles and joys of being African American. From Jim Crow to the Civil Rights movement to todays business leaders and gangsta culture, this book is a primer on black history. And like all Chicken Soup books, its a moving tribute to the small things-a moment of insight, a mentor, a lover, the loss of innocence-that make life worth living. This great volume is focused on representing all facets of African American life-man and woman; young and old; rural, suburban, and urban; rich and poor; race conscious and mostly color-blind. Chapters Include: Celebrating Our Strength, Strong Roots, The African American Family, Love and Relationships, The Power of Community, Praise, Worship and Prayer Featured Celebrities Include: Maya Angelou, Angela Davis, E. Lynn Harris, Yolanda King (daughter of Martin Luther King), Muhammad Ali, Mean Joe Green, Bishop T.D. Jakes, Bill Cosby, Colin Powell

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