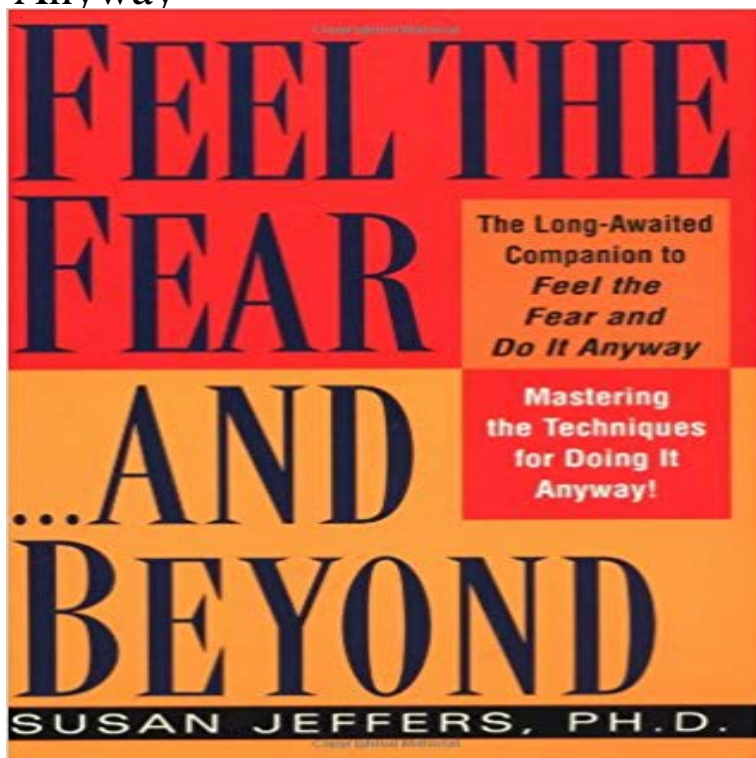


# Feel the Fear...and Beyond: Mastering the Techniques for Doing It Anyway



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