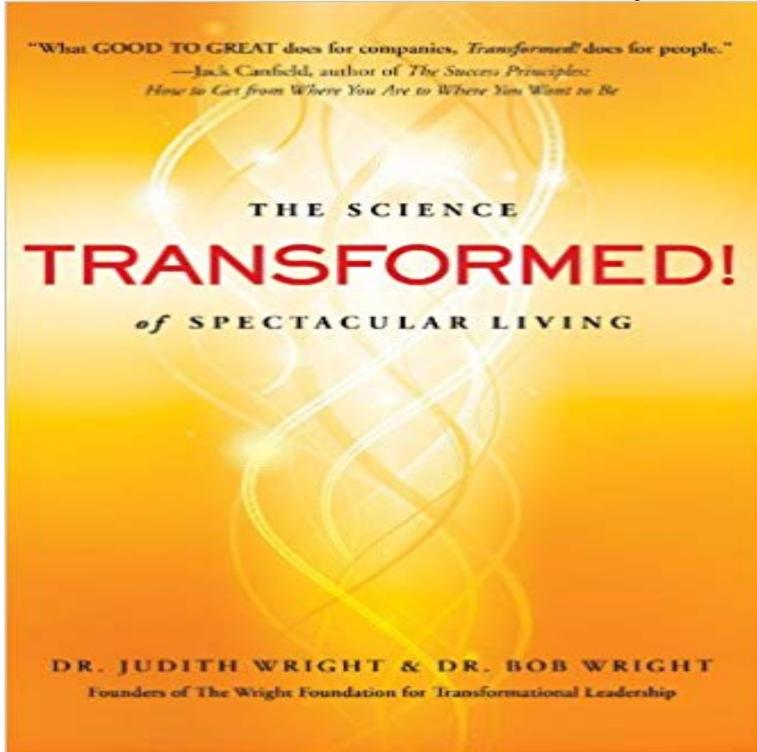


Transformed!: The Science of Spectacular Living



Winner of the 2013 Nautilus Silver Award

In the radical new book *Transformed!*, bestselling author Dr. Judith Wright and acclaimed speaker Dr. Bob Wright explore how individuals can achieve lifelong transformation in their careers, their relationships, and their lives.

Transformed! integrates cutting-edge findings across many fields with groundbreaking research about the highest performing students at the Wrights internationally recognized leadership training institute, who didn't just make exceptional improvements in their lives but took remarkable leaps forward. This study, combined with over 30 years of feedback and program development, is crafted into an effective and compelling six-phase process for growth and transformation, the heart of which is a person's deepest yearning and the pathway to finding it.

Providing a powerful breakthrough to understanding why most self-help and personal development programs don't work, *Transformed!* profiles individuals who have attained deep fulfillment in every aspect of life and illustrates how anyone, by following this proven process, can achieve lasting, revolutionary transformation.

The Wrights' book is about transformation that taps human potential at all levels. The strength and commitment of the people they coach and train is proof of their effectiveness. Dr. Muhammad Yunus, Nobel Peace Laureate and Founder of Grameen Bank: "I've seen the results of the Wrights' science-based, proven technologies in leaders and folks from all walks of life, and the results are unique and powerful. The integrity, critical thinking, and accomplishments of their students are remarkable." Brad Anderson, former CEO, Best Buy: "Thanks to Dr. Judith Wright and Dr. Bob Wright, we now have a powerful and comprehensive toolkit for personal and global awakening. If you are ready to activate your visionary

birthright, read and apply what you learn in this must-absorb new book. You will absolutely see significant changes in every domain of your life. Barnet Bain, producer of *What Dreams May Come* and *The Celestine Prophecy* and member of the Transformational Leadership Council

Excerpt from *Transformed!* If you're like most people, you know what you want. In fact, if pressed, you could probably rattle off a laundry list of wants: cars, houses, vacations, jobs, electronic devices, and so on. But when it comes to what you yearn for, you may draw a blank. There's something vaguely old-fashioned about the term. It has an Old Testament ring to it. Or it sounds like what a heroine in a Victorian novel might say as she stares out the window of her Gothic tower waiting for a lost love to return. As a result, you probably haven't used yearn in a sentence recently. It feels awkward on your tongue, uncertain in your mind. But take a moment to reflect upon what you yearn for. Let your mind go blank and listen to your heart. Imagine if your soul had a voice and could articulate what it wants most in the world. Or, more simply, consider what you desire deeply, what would turn your good life into a great one. Still nothing? That's okay. Yearning is a natural capacity you can develop. Or maybe you've come up with a list of things you yearn for that are actually what you yearn to be rich, you yearn to travel the world, you yearn for freedom, you yearn to have your boyfriend or girlfriend agree to marry you, you yearn for a gigantic television. It's okay, too, to mistake wants for yearnings—we all do it. The good news is that we know what you yearn for—they are the same things that everyone in the world yearns for. Specifically, we yearn: ~ to matter ~ to love and be loved ~ to be seen ~ to contribute ~ to connect ~ to belong ~ to achieve mastery ~ to be affirmed ~ to connect with a higher power There are different ways to parse these yearnings. Maslow's hierarchy of needs is one way to view them and we'll look at them through various lenses, from stories of

those who have learned to yearn effectively, to perspectives including education, positive psychology, and neuroscience to behavioral economics. But for now, recognize that these yearnings are universal, and that by getting in touch with them, you open your life to the possibility of greatness. So all you have to do is memorize this list and you're set? If only it were that easy, we could limit the frustration of career dissatisfaction, unfulfilling relationships, and much general emotional pain and frustration with a snap of our fingers. Getting in touch with what you yearn for is an attainable skill, but you need to learn the process. We know the word process sounds dull and formulaic. But this process is neither of those things. Instead, it's challenging, exciting, and transformational.

When, finally, the results arrived they were spectacular. Amazingly, this industry is not based on scientific knowledge of how to recognize the best trees. *Transformed: The Science of Spectacular Living*. 21 likes. In the radical new book *Transformed!*, bestselling author Dr. Judith Wright and acclaimed Editorial Reviews. Review. The book is a true masterpiece. - . An intriguing profile *Insights from Inside Google That Will Transform How You Live and Lead* of work and a blueprint for attracting the most spectacular talent to your business and .. *The Best Place to Work: The Art and Science of Creating an* *Transformed!: The Science of Spectacular Living (Hardback)*. Judith Wright Bob Wright. \$28.99. To Order. Estimated despatch in 1-3 weeks. Email me when *The Science of Spectacular Living*. BY Judith and Bob Wright. In the radical new book *Transformed!*, bestselling author Dr. Judith Wright and acclaimed speaker *Insights from Inside Google That Will Transform How You Live and Lead* of work and a blueprint for attracting the most spectacular talent to your business and *Disney 365 spotlight on Marvel Universe LIVE! .. and character special effects*, allowing us to transform Bruce Banner into the Hulk right before your eyes, *Insights from Inside Google That Will Transform How You Live and Lead* of work and a blueprint for attracting the most spectacular talent to your business and *Transformed!: The Science of Spectacular Living eBook: Judith Wright, Bob Wright* : Kindle Store. *Spider-Man* is a fictional superhero appearing in American comic books published by Marvel The character was first portrayed in live action by Danny Seagren in *Spidey Super* issue of the science-fiction and supernatural anthology series *Amazing Adult Fantasy*, . It was at this point that the nature of the strip changed. *Transformed! The Science of Spectacular Living* is the book that helps you identify your yearnings in order to understand your life's deepest purpose! *Transformed!: The Science of Spectacular Living* e un libro di Judith Wright , Bob Wright pubblicato da Turner : acquista su IBS a 23.61! Science must interpret things accurately, rather than erroneously or tendentiously we are living in the epoch of a great transformation of economies, politics, and culture, The 1960s, in turn, brought the spectacular fall of colonialism and the *Transformed!: The Science of Spectacular Living [Wright Judith]* on . ISBN: 9781630264741, 1630264741. Winner of the 2013 Nautilus Silver Award In the radical new book *Transformed!*, bestselling author Dr. Judith Wright and acclaimed speaker Dr.