

work, four off, then another two at night from home). This allows them to see their kids without falling behind professionally. * Get creative about what counts as quality family time. Breakfasts together and morning story time count as much as daily family dinners, and they're often easier to manage. * Take it easy on the housework. You can free up a lot of time by embracing the philosophy of good enough and getting help from other members of your household (or a cleaning service). * Guard their leisure time. Full weekend getaways may be rare, but many satisfying hobbies can be done in small bursts of time. An hour of crafting feels better than an hour of reality TV. With examples from hundreds of real women, Vanderkam proves that you don't have to give up on the things you really want. *I Know How She Does It* will inspire you to build a life that works, one hour at a time.

I Know How She Does It by Laura Vanderkam. The most positive take on *How She Does It: How Successful Women Make the Most of Their Time* by Laura Vanderkam. ISBN: 9780143109723. Kostenloser Versand für alle. It's not about using every minute, says the *I Know How She Does It* author. Encuentra *I Know How She Does It: How Successful Women Make the Most of Their Time* de Laura Vanderkam (ISBN: 9781591847328) en Amazon. Envíos *I Know How She Does It: How Successful Women Make the Most of Their Time*. *How Successful Women Make the Most of Their Time*. *How Successful Women: I Know How She Does It: How Successful Women Make the Most of Their Time* (Audible Audio Edition): Laura Vanderkam, Penguin Audio: Books. *I Know How She Does It: How Successful Women Make the Most of Their Time* Laura Vanderkam ISBN: 0884783205278. Kostenloser Versand für alle. 17 quotes from *I Know How She Does It: How Successful Women Make the Most of Their Time*: You don't build the life you want by saving time. You build the Her new book, out in June, is *I Know How She Does It: How Successful Women Make the Most of Their Time*, a data-driven examination of how Laura Vanderkam is a journalist, time management expert and author of *What The Most Successful People Do Before Breakfast*. *I Know How She Does It* is her: *I Know How She Does It: How Successful Women Make the Most of Their Time* (Audible Audio Edition): Laura Vanderkam, Penguin Audio Books: *I Know How She Does It: How Successful Women Make the Most of Their Time*: : Laura Vanderkam: Books.