

Don't believe people who say happiness is determined solely by genetics or life experiences. Sure, we all have a general happiness set point, but there are scientifically proven, effective strategies we can employ to improve our levels of happiness, in the moment. Not just another happiness book, *How to Be Happier Right Now* is the result of Kate Kennedy's personal mission to hack human happiness. It features the fastest-acting strategies from the best happiness gurus, coaches and researchers, combines them with personal experience, and presents them in easily digestible nuggets so you can start using them today—right now—to increase your happiness levels and live with more joy. It is a checklist of what really works, so you can refer to it quickly, easily, and when you need it. Take a look inside the book, or download a sample to get started!

Letters to various persons, *The Soulmate Secret: Manifest the Love of Your Life with the Law of Attraction*, *Encyclopedia of Spirits: The Ultimate Guide to the Magic of Fairies, Genies, Demons, Ghosts, Gods & Goddesses*, *Address Book: Hanging Lake, Offside* (Heller Brothers Hockey Book 5), *Barely a Master* (The Hunt Club Book 2), *The Chapel of Eternal Love: Wedding Stories from Las Vegas*, *Dukes Diamonds* (Royal), *The Book Waitress* (Book 1, The Book Waitress Series), *Cpa Audio Audit Modules 5 & 6*,

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