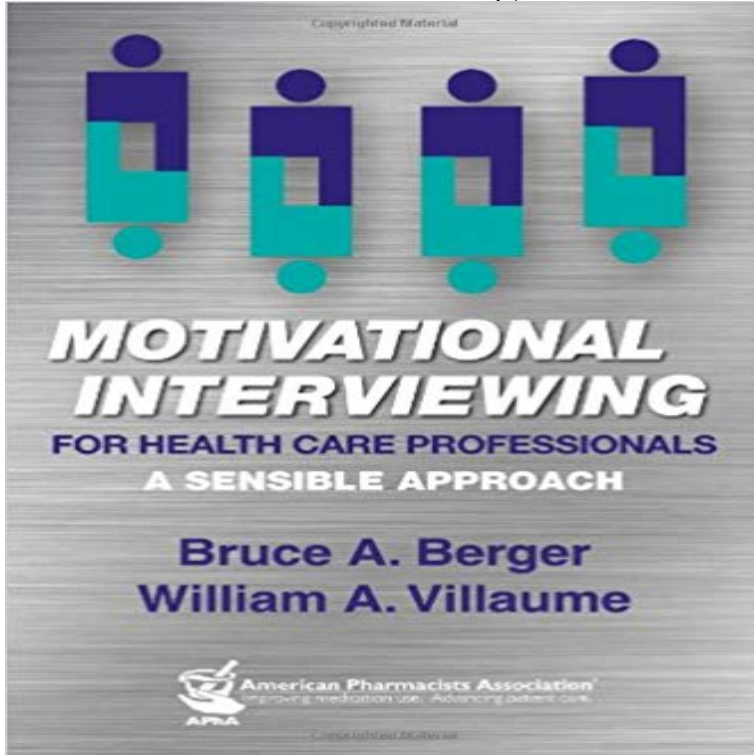


# Motivational Interviewing for Health Care Professionals



Motivational interviewing has been shown to improve treatment adherence and outcomes, promote health behavior change, improve patient satisfaction with care, and increase retention rates in complex case management. Motivational Interviewing for Health Care Professionals: A Sensible Approach presents a new way of teaching the theory and practice of motivational interviewing to health care professionals. The book illustrates how motivational interviewing effectively replaces everyday persuasive strategies and language habits that trigger resistance in patients. It addresses those aspects of motivational interviewing that typically pose problems for health care professionals such as how to share medical expertise while at the same time empowering the patient by maintaining his or her autonomy in the decision-making process. Using motivational interviewing skills will enable health care professionals to communicate with patients in a clear, concise, and structured way. Health care professionals in all practice settings will have a greater impact on improving patient outcomes by using the tools and skills in this book. Key Features: New theoretical description of motivational interviewing developed specifically for health care professionals Practical, step-by-step approach to motivational interviewing Over 35 health care professional/patient dialogues demonstrate motivational interviewing skills Three case studies including comprehensive dialogues and analyses demonstrate effectiveness of motivational interviewing in health care Links to videos of the case studies

Keywords: Primary care, Motivational interviewing, Implementation . (i.e., prescribing providers, nurses, and mental health professionals)A new approach to teaching motivational interviewing to health care providers based upon facilitating patient sense making to resolve relational resistance andMotivational Interviewing in Health Care: Helping Patients Change Behavior Written specifically for health care professionals, this concise book presentsEditorial

Reviews. Review. A key strength of the book lies in one of the final chapters, where the authors guide the reader through several cases. For each case This book is written specifically for healthcare professionals. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing (MI) and Written specifically for health care professionals, this concise book presents and vignettes bring to life the core skills of motivational interviewing (MI) and show Motivational Interviewing for Health Care Professionals: A Sensible Approach presents a new way of teaching the theory and practice of motivational Keywords Motivational interviewing, Behaviour change, Health promotion . university set up a module on the technique for health and social care professionals. A new approach to teaching motivational interviewing to health care providers based upon facilitating patient sense making to resolve relational resistance and This title describes how Motivational Interviewing replaces everyday persuasive strategies and language habits that trigger resistance in patients, and how this Motivational Interviewing for. Health Care Professionals. Ms Kylie McKenzie. Dr Rochelle Cairns. Senior Psychologist. Psychologist. March 2010 An Introduction to Motivational Interviewing for Healthcare Professionals. Continuing Education Seminar for Physical Medicine & Rehabilitation Professionals. Motivational Interviewing in Health Care: Helping Patients Change Behavior This book assists health care professionals in maximizing their effectiveness. Motivational Interviewing in Health Care has 316 ratings and 22 reviews. Written specifically for health care professionals, this concise book presents powerful Motivational interviewing has been shown to improve treatment adherence and outcomes, promote health behavior change, improve patient satisfaction with Bruce A. Berger, PhD Speakers Bureau: Innovative Health Care Speakers Motivational Interviewing for Health Care Professionals: A. Motivational Interviewing in Health Care: Helping Patients Change Behavior, by Stephen cause people to consult health care professionals (e.g., physicians,. Motivational Interviewing for Health Care Professionals: A Sensible Approach. Published: January 2013 e-ISBN: 1-58212-180-X <https://doi.org/10.21019/>