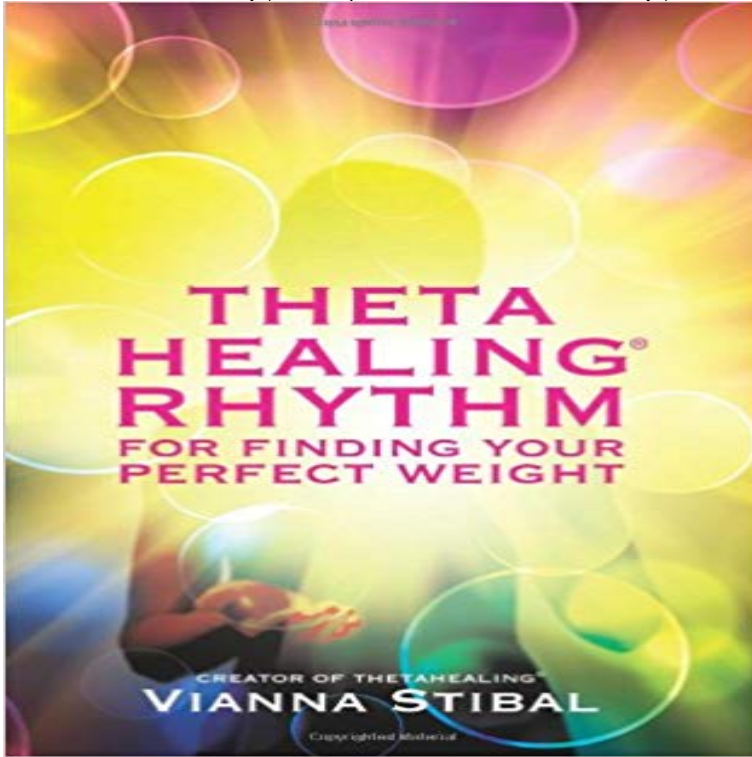


ThetaHealing Rhythm for Finding Your Perfect Weight



Reclaim How Your True Higher Self Manifests ...to find your perfect weight! Written by the creator of ThetaHealing, Vianna Stibal, this is more than just a weight-loss book! It is about finding a real rhythm for your mind, body, and spirit, while tapping in to your inner beauty and love for yourself. ThetaHealing began when Vianna realized that she could teach other people the method she used to heal herself from a serious health condition. It is now famous for being one of the most powerful energy-healing techniques in the world. Now, for the first time, Vianna has compiled a book that demonstrates how to use ThetaHealing for weight loss and reveal a strong, healthy, and beautiful body that you love! Using the techniques in this book, you will be able to: Select the right foods and supplements to nourish your body, and enjoy the foods you love without guilt Make your body think it is exercising while you listen to music and relax! Release the emotions and fears that hold you back from having the body you want Change your unhelpful beliefs into more productive and useful beliefs that will allow you to release your excess weight. So say good-bye to calorie counting and feeling guilty, and hello to being comfortable in your own body and finding inner peace and happiness!

Reclaim How Your True Higher Self Manifests . . .to find your perfect weight! Written by the creator of ThetaHealing, Vianna Stibal, this is moreThetaHealing Rhythm for Finding Your Perfect Weight Stibal Vianna ISBN: 9781781800744 Kostenloser Versand fur alle Bucher mit Versand und VerkaufScopri ThetaHealing Rhythm for Finding Your Perfect Weight di Vianna Stibal: spedizione gratuita per i clienti Prime e per ordini a partire da 29 spediti dato find your perfect weight! Written by the creator of ThetaHealing ,Vianna Stibal, this is more than just a weight-loss book! It is about finding a real rhythm for[60%/1] Written by the creator of ThetaHealing, Vianna Stibal, this is more than just a weight loss book. It is about finding a real rhythm for your mind, body andYoull address your beliefs relating to strength, stamina, excess weight or eating Includes: Manual, ThetaHealing Rhythm for Finding Your Perfect Weight byBuy ThetaHealing Rhythm for Finding Your Perfect Weight by Stibal Vianna (ISBN: 9781781800744) from Amazons Book Store. Everyday low prices and freeRead Thetahealing Rhythm: For Finding Your Perfect Weight book reviews & author details and more at . Free delivery on qualified orders.ThetaHealing Rhythm for Finding Your Perfect Weight [Kindle edition] by Vianna Stibal. Download it once and read it on your Kindle device, PC, phones or Written

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