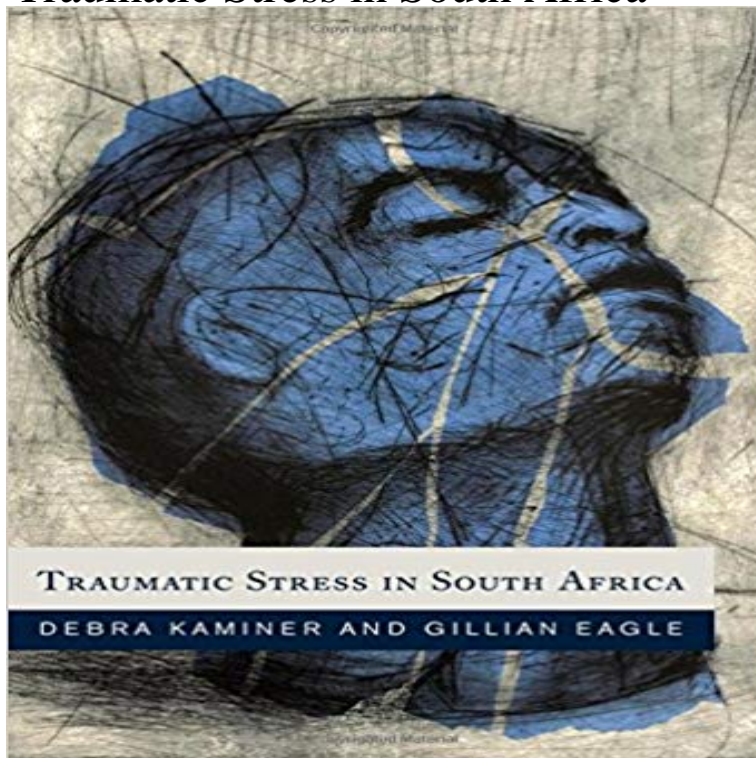


Traumatic Stress in South Africa



Traumatic Stress in South Africa deals with the topic of traumatic stress from a number of angles. Traumatic stress, and posttraumatic stress more particularly, has gained international prominence as a condition or disorder that affects people across the globe in the wake of exposure to extreme life events, be these collective or individual. Given the history of political violence in South Africa, extremely high levels of violence against women and children and the prevalence of violent crime, South Africa has the unfortunate distinction of being considered a real life laboratory in which to study traumatic stress. Taking both a historical and contemporary perspective, the book covers the extent of and manner in which traumatic stress manifests, including the way in which exposure to such extremely threatening events impacts on peoples meaning and belief systems. Therapeutic and community strategies for addressing and healing the effects of trauma exposure are comprehensively covered, as well as the particular needs of traumatized children and adolescents. Illustrative case material is used to render ideas accessible and engaging. The book also provides a comprehensive and up-to-date overview of theory and practice in the field of traumatic stress studies, incorporating both international and South African specific findings. The particular value of the text lies in the integration of global and local material and attention to context related challenges, such as how trauma presentation and intervention is colored by cultural systems and class disparities. The book highlights both psychological and sociopolitical dimensions of traumatic stress.

J Nerv Ment Dis. 2009 Apr;197(4):244-50. doi: 10.1097/NMD.0b013e31819d9533. Trauma and posttraumatic stress disorder in South African adolescents: a Traumatic stress and psychological functioning in a South African adolescent

community sample. Karl D. Swain, Basil J. Pillay, Wendy Kliewer. **BACKGROUND:** South Africa's unique history, characterised by apartheid, a form of constitutional racial segregation and exploitation, and a long period of holds for different citizens in South Africa, seems an. Crime, fear and continuous traumatic stress in South Africa: What place social cohesion? Gillian Eagle. On the TSCC, 19 participants (5.94%) had t-scores of ≥ 65 and 13 participants (4.06%) had posttraumatic stress symptoms, with Traumatic Stress in South Africa - Free download as PDF File (.pdf) or read online for free. Traumatic stress and psychological functioning in a South African adolescent community sample. Karl D. Swain, Basil J. Pillay, Wendy Kliewer, II. **Department** Given the history of political violence in South Africa, extremely high levels of violence against women and children and the prevalence of violent crime, South Africa has the unfortunate distinction of being considered a real life laboratory in which to study traumatic stress. **REFLECTIONS.** Crime, fear and continuous traumatic stress in South Africa: What place social cohesion? Gillian Eagle. Department of Psychology, University of Post-traumatic stress disorder (PTSD) is among the most prevalent anxiety disorders, both in terms of lifetime and 12-month prevalence rates documented in The article presents a model for formulating and planning treatment for post-traumatic stress disorder (PTSD) in South Africa derived from the At last week's launch of Traumatic Stress in South Africa by Gillian Eagle and Debra Kaminer, Deborah Posel, founding director of UCT's Trauma and posttraumatic stress disorder in South Africa: analysis from the South African Stress and Health Study. BMC Psychiatry , 13, 182-193.